

Psychodrama Association for Europe e.V.

c/o Hofmann&Mävers, Rechtsanwältinnen, Taubenstraße 1, D-10117 Berlin
 E-Mail: office@psychodrama-for-europe.eu
 Mobile: +49 177 684 6353

Last revision: 12-March-2025



Training/Further Education as Psychodrama-Assistant/ -Practitioner through Elementary Level/First Level and Psychodrama-Therapist/-Leader or -Director through Advance Level/Second Level

Training Curriculum

Description	Hours
Introductory seminar	18
Personal interview	1
total	19 hours
Elementary/First/Basic level	
Regular group	240
Special seminars	36
Study in Peer-Group	100
Theoretical seminars	54
Protocols	3 Protocols
Referat/ psychodramatic report	1 = 10 hours
Total	440 hours
Advanced level	
Regular group	240
Special seminars	54
Theoretical seminars	54
Study in Peer-Group	100
Referat / psychodramatic report	1 = 10 hours
Practical application	160
Supervision:	90 hours total
-Individual Supervision	at least 10 hours
-Group supervision	at least 60 hours
Protocols / documentation	15 total at least 3 from the training group
Total	708

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Final thesis	1 = 10 hours
Colloquium	18 hours
Total academic hours* of training	1195 hours

* 1 Academic hour = 45 Minutes

These are general mandatory requirements of Psychodrama Association for Europe e.V. Some differences due to the national regulations might occur and are accepted if those are additional.

These regulations are adopted by Psychodrama Association for Europe e.V.'s Training Committee (TC) and made it mandatory by the Board, as they meet the FEPTO standards. They are valid for the Psychodrama Association for Europe e.V. and its member organisations and constitutes the basis for the issuing of a certificate for each level and type of qualification.

Content

The training consists of four sections:

1. Introductory Level
2. Elementary/ First/Basic Level
3. Advanced Level
4. Final Theses and Colloquium

1. INTRODUCTORY LEVEL:

The aim of the introductory stage is:

To give those applicants who are interested a first impression of the content and methods of Psychodrama and an insight into how it works. Then to a certain if the applicant satisfies the requirements for the training and to help them decide if the course is suitable for them.

The applicant must take the introductory seminar and a personal interview with the leader/ leaders of the ensuing basic level course, which will concern motivation, prerequisites and questions the applicant has.

The introductory stage has a total of 19 hours.

2. ELEMENTARY/FIRST/BASIC LEVEL:

2.2. The Elementary level course consists of:

2.2.1. The regular training group with 2 permanent leaders of 240 hours, with the main emphasis on self-experience, study of psychodrama methodology and theory, process analysis and sociometry.

2.2.2. Two special/methodical seminars of 18 hours. One of the 2 special seminars can be fulfilled by attending a conference or a similar event as acknowledged beforehand by the national institute belonging to the Psychodrama Association for Europe e.V.

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2.2.3. Three theoretical seminars of 18 hours

2.2.4. Study in Peer-group meetings of 100 hours

2.2.5. The elaboration of three protocols

2.2.6. The presentation of a psychodrama subject in form of scenic work in the training group

2.2.7 For training candidates who want to qualify as a Psychodrama Therapist on completion of the higher training course: a degree in psychology (clinical branch) or medicine.

2.2.8. For training candidates who want to qualify as a Psychodrama Leader on completion of the higher training course: a degree in a relevant subject/branch of higher education.

2.2.9. In the middle of the elementary course an intermediary evaluation takes place, and at the end of the course will be a final evaluation within the training group, where the leaders decide if the qualification of Psychodrama Practitioner can be awarded to the candidates.

The total duration of the basic level is 440 hours

On successful completion of the First Level the candidate is awarded the certificate of Psychodrama Practitioner or Psychodrama Assistant.

3. ADVANCED LEVEL:

3.1. Prerequisite for a place on the advanced training course is successful completion of the basic course with a certificate as Psychodrama Assistant / Psychodrama Practician.

3.2. The advanced level course consists of:

3.2.1. The regular training group of 240 hours with the main emphasis on independent leadership including feedback and processing and an intensive study of theory and methodology

3.2.2. Three special/method seminars of 18 hours

3.2.3. Three theoretical seminars of 18 hours

3.2.4. Study in Peer-group meetings of 100 hours

3.2.5. The presentation of a paper in psychodramatic form in the training group (1 /10 hours)

3.2.6. Practical application/s in the candidate's own professional field of 160 hours

3.2.7. 90 hours Supervision of practical application/s, consisting of individual supervision (minimum 10 hours) and group supervision (minimum 60 hours)

3.2.8. The drawing up of 15 protocols/documentations (a minimum of 4 from the own training group)

3.2.9. At the end of the advanced course an evaluation takes place within the training group, where the leaders decide if the candidates have completed the training course successfully.

The total duration of the advanced level training is 708 hours.

4. FINAL THESES AND COLLOQUIUM:

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To take part in the colloquium each candidate must present a final paper/project, which demonstrates a thorough understanding of the theory and its implications in practical situations.

Prerequisite for participation in the colloquium is the successful completion of the advanced level course and the successful presentation of the final paper. The colloquium takes place in a group format.

In the colloquium the candidate presents aspects of his/her final work in psychodramatic form and is then questioned by the group and the commission.

On successful completion of the course the candidate is awarded the certificate of Psychodrama Therapist or Psychodrama Leader.

The total duration of the training is 1,195 Hours. The PAfE e.V. Curriculum fulfils the FEPTO' standards.