



15th International Psychodrama Conference

“Wings of Change”

&

30th Anniversary of the Association

20th – 22nd September 2019, Cracow

Garnizonowy Club, 1 Zybkiewiczza Street



Abstracts



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Abstracts

Dear Colleagues,

On behalf of the Board of the Psychodrama Association for Europe e.V. and the Local Organizing Committee in Poland, we are pleased to cordially welcome you to the 15th International Conference of our Association in Krakow as well as to our 30th anniversary!

A change is always challenging – in our lives, in our communities and countries. We see so many changes in our world, which sometimes are very difficult and sometimes also are for the better. However, we want to hold on to the most important and precious things in our lives: our relationships with each other. We might all have different backgrounds and cultural outlook, but we find each other in our love for psychodrama.

As “psychodrama people”, we long to change the world into a better one. Indeed, we have the ability to impact various communities and we can work with all kinds of groups of people - from patients and clients to teams in companies or just work with a group on societal issues.

Wings of Change have flown you to Krakow – a beautiful old Polish town, which in former times has been the capital of Poland. Krakow invites you to walk through the ages to our modern world of today. It is an old town with fantastic old architecture and also a young one, thanks to the many students in our streets.... We do hope you also will find time to see Wawel Castle, Jewish Quarter and other interesting places!

Looking forward to experience our conference and celebrate our 30th anniversary with you!

Jacomien Ilbrink & Anna Bielańska

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Pre-Conference Program

Rooms will be announced at conference

Wednesday, 18th of September 2019

- | | |
|---------------|--|
| 10.30 – 13.00 | Open Space: Investigation of Desires we have for our Association and want to work on |
| 14.30 – 17.30 | Working with the Results of Open Space |
| 19.00 – 21.00 | Open Board Meeting |

Thursday, 19th of September 2019

- | | |
|---------------|--|
| 09.30 – 12.30 | Training Committee |
| 14.30 – 17.30 | Supervision Committee |
| 18.30 – 21.00 | General Assembly (incl. Election of the new International Committee) |

Friday, 20th of September 2019

- | | |
|---------------|--|
| 09.30 – 11.00 | First Meeting of the International Committee |
| 11.00 – | Registration for the Conference Program |

Conference Program

The registration starts at 11.00

Friday, 20th of September 2019

13.00 – 13.30	Official Opening
13.30 – 14.30	Warm-Up in the large Group
14.30 – 15.00	Presentation of Workshops
15.00 – 15.30	Coffee Break
15.30 – 17.00	Lecture and Discussion: Dr. Clark Baim “Integrating Psychodrama and Attachment Theory!”
17.00 – 17.30	Coffee Break
17.30 – 18.30	Playback Theater
18.30 – 20.00	Celebration of the 30 th anniversary – 1 st Part and ceremony of handing out Trainers’ Certificates
20.00 - ...	Time to Socialize!

Saturday, 21st of September 2019

09.00 – 12.30	Workshops* (incl. Coffee Break)
12.30 – 14.00	Lunch Break
14.00 – 17.30	Workshops* (incl. Coffee Break)
17.45 – 18.45	Celebration of the 30 th anniversary – 2 nd Part
20.15 - ...	Banquet and Dance to life Music Band

Sunday, 22nd of September 2019

10.00 – 10.30	Warm Up
10.30 – 13.30	Workshops* and/or Project Groups (incl. Coffee Break)
13.30 – 14.30	Large Group – Harvest of the Conference and Closure

*All Workshops will be held in or translated to English.

Workshop Program Saturday Morning

The rooms will be announced at conference.

Saturday, 21st of September 9.00-12.30

- 1.1 Integrating psychodrama and attachment theory: An experiential workshop** page 6
Dr. Clark Baim
- 1.2 Use your wings!** page 7
Inara Erdmanis
- 1.3 Body and soul – The power of transformation**
(Full Day Workshop!) page 8
Shirley Legum
- 1.4 Working with two protagonists** page 9
Ina Hogenboom
- 1.5 Flying on your own** page 10
Hilde Gött, Manfred Jannicke, Elinor Zalmona-Bollag, Dania Appel
- 1.6 In the dance with Mnemosyne and Leta. Remembrance, oblivion, change...** page 11
Roman Ludkiewicz, Igor Hanuszkiewicz

Workshop Program Saturday Afternoon

The rooms will be announced at conference.

Saturday, 21st of September 14.00-17.30

- 2.1 Empowerment and resilience. EXIT: spontaneity training with traumatised communities** page 12
Melinda A. Meyer
- 2.2 Research on psychodrama – present and future** page 13
Krzysztof Mariusz Ciepliński
- 2.3 God with many faces. Role taking, playing and distancing** page 14
Evaldas Karmaza
- 2.4 Magic of the intersubjective space in Balint Psychodrama Groups** page 15
Ilona Görög, Enikő Albert-Lörincz
- 2.5 Psychodrama and traumasexuality** page 16
Sylvia Pellis
- 2.6 Where from are the wings of change?** page 17
Translation into English
Irena Shmak, Olga Moskalenko, Elena Belinskaya

Workshop Program Sunday Morning

The rooms will be announced at conference.

Sunday, 22nd of September 10.30-13.30

- 3.1 How much is sociodrama changing a group's perspectives?** page 18
Irina Stefanescu
- 3.2 The meaning of the group. A differentiated psychodramatic view** page 19
Claudia Mühlbauer
- 3.3 Journey of the heart: finding common ground for prisoners and ex-prisoners by the use of psychodrama method, labyrinth therapy & meditations in Lithuania** page 20
Rūta Janulevičienė
- 3.4 Not only angels have wings** page 21
Bernd Fichtenhofer, Monika Šcibak
- 3.5 Sociodrama: Europe and Talos – roots and future of the modern Europe?** page 22
Manfred Jannicke, Hilde Gött
- 3.6 Change through escape** page 23
Liliana Szczyglowski, Melek Kühn

Integrating psychodrama and attachment theory: An experiential workshop

Dr. Clark Baim
Saturday, 09.00-12.30

This practical workshop will develop themes from Clark Baim's talk on the previous afternoon. In this workshop, we will explore the ways in which attachment theory can inform psychodrama. We will have a warm-up, short psychodramas and sharing. We will discuss the dramas in reference to the attachment theory. Please come prepared to participate.

The talk focused on developments in contemporary attachment theory, most specifically Dr Patricia Crittenden's Dynamic-Maturational Model (DMM) of Attachment and Adaptation. Attachment theory is a foundational theory that can help us to understand the development of psycho-social difficulties, mental illness, offending behaviour, self-harming behaviour, substance misuse, family violence and problems in relationships.

The DMM as a theory for understanding human adaptation and psychopathology was presented, as well as the ways in which attachment theory can be integrated with psychodrama in order to enhance the clinical effectiveness of the method; additionally, the purposeful adaptation of techniques was discussed. The talk was based on Clark Baim's chapter entitled 'Integrating Psychodrama with Attachment Theory: Implications for Practice' in the book 'Empowering Therapeutic Practice: Integrating Psychodrama into Other Therapies,' edited by Paul Holmes, Mark Farrall and Kate Kirk (2014, Jessica Kingsley Publishers).

Use your wings!

Inara Erdmanis
Saturday, 09.00-12.30

In a symbolic sense, spontaneity and the flight of birds are closely allied. Flying like a bird was man's dream. If not with his own wings at least through technical wings

- of airplanes
- or to appear like a God
- if not in reality, at least in the theatre." (J.L. Moreno)

In the workshop, we will explore the magic that wings could give us and the ways in which we can become more creative.

Body and soul – The power of transformation

Shirley Legum

Saturday, 9.00 – 12.30; 14:00 – 17:30

In this workshop we will explore the importance of dramatic transformation in acting playback stories. Playback is healing and invites cathartic experience when emotional transformation is happening on stage. We can all feel it when it occurs. Through body work and deep acting we will explore this moment and learn skills how to find transformations and act them on stage. It would be best if the participants could come dressed in comfortable clothes for body work.

Working with two protagonists

Ina Hogenboom
Saturday, 09.00-12.30

A Psychodrama Strategy for Conflictual Interpersonal Relationships. In most psychodrama we work with one protagonist. Psychodrama is also used in couples' therapy to facilitate change in the relationship. Valerie Simon (2017) uses shifting seats (role reversal), the empty chair technique and doubling. Eva Leveton (2008) describes the use of sculptures and doubling in couples' therapy. One of the main concerns in couples' therapy is how to prevent or change the 'blame frame'. Leni Verhofstadt-Denève developed a strategy to work with psychodrama with couples in conflict. She refers to her method as the "Simultaneous Action-Observer Strategy".

This method is clear and structured, it has five stages which are described in detail. Following this method with these stages gives you an easy-to-use framework to start working with psychodrama with couples and stay away from the 'blame frame'.

In this workshop the method and stages of the strategy will be explained and explored in action, followed by actively working with the model.

Flying on your own

Hilde Gött & Manfred Jannicke &
Elinor Zalmona-Bollag & Dania Appel
Saturday, 09.00-12.30

This workshop will deal with the interrelations between two parts within us: the aggressor and the victim. Just like traces of the holocaust, as well as of other traumas, civilisational collapses and human catastrophies, these roles are embodied, silenced, culturalized and transgenerationally transmitted in education and families all over Europe and throughout the world. We will start from our own personal histories, have encounters, look for and discuss the ways for prospective generations. Let's do flying exercises!

The workshop is part of the "Traces of holocaust"- project founded by Yaacov Naor (who passed away in 2018) and Hilde Goett (former president of PIfE). Still in his lifetime, they invited new leaders to continue this important work as a part of the DNA of PIfE, now PAfE: Elinor Zalmona (Israeli expressive art therapist), Dania Appel (Swiss art therapist) and Manfred Jannicke (German psychodramatist), all with their personal connection to the past and to the topic.

In the dance with Mnemosyne and Leta. Remembrance, oblivion, change...

Roman Ludkiewicz & Igor Hanuszkiewicz
Saturday, 09.00-12.30

The change that occurs on the scene during the protagonist's play was called by Moreno „the true second time of the situation”.

- But who will tell us about the first time?
- We will probably search in our memory.
- But can we really rely on it?

Me and „my” memory...

- What kind of relation is this?
- Full of friendship, trust and confidence or rather suspicious, uncertain and vicious?
- Does our memory make us stronger or does it disturb us?
- Do we desire to remember, or do we want to forget?
- Do we forget and recall „by chance” or with a huge effort?
- How can we influence our memories and what does creativity have to do with it?

With the help of surplus reality, we would like to invite you to participate in the creation originating from the encounter of personal and collective memory.

Empowerment & resilience. EXIT: spontaneity training with traumatised communities

Melinda A. Meyer
Saturday, 14.00-17.30

Enhancing identity and a sense of belonging in a new culture after traumatic events.

The Expressive Arts in Transition (EXIT) research project and its results will be presented. The study is quantitative and qualitative. There are 208 unaccompanied minor boys in the project between the age of 15 and 18.

EXIT is developed for stabilizing people who live under extreme stress and/or have survived human or nature induced trauma. EXIT focuses on enhancing movement, imagination, engagement, connection, here and now, safety and responsibility. A film with the participants taking part in the early intervention will be shown and the results will be presented and discussed.

The lecture and film will give the participants an opportunity to understand community artwork with participants who suffer from trauma, stress and loss.

Research on psychodrama – present and future

Krzysztof Mariusz Ciepliński
Saturday, 14.00-17.30

The future status of psychodrama in the modern society is closely related to its recognition as a scientifically confirmed method.

The goal of the workshop is to open a “stage” for an exchange of information and ideas connected with the actual and future perspective of conducting and developing scientific/practice-oriented research on Psychodrama. I would like to take this opportunity to present some current research projects created by the FEPTO Research Committee members. My intention is to invite all workshop participants to share their experiences and ideas connected to the topic of psychodrama and action methods research. I hope that we can also discuss and maybe implement the first step to the creation of a PafE scientific research network.

No former research experience is required.

God with many faces. Role taking, playing and distancing

Evaldas Karmaza
Saturday, 14.00-17.30

People have important task - to find their own face/identity. We call it in psychodrama 'building the appropriate role repertoire'. This task stays for life, as the inner and outer (seen by others) picture is partly in constant change. But for persons it is important to find comfortable roles that may describe him or herself.

Many theories state that due to social environment, a person gets already the identity that cannot be changed. Woman, child, student, Lithuanian, Polish, German, Jew, father and others. For people it takes sometimes a long way to get acquainted with those identities as a part of "me". Psychodrama goes further. It states that every person has higher freedom in choosing much more flexibly the personal identity, or the roles as we call it.

In the series of Game of Thrones there are the episodes about the Many-faced God in the city of Braavos. Otherwise it is called the God of Death. Sounds scary, but it hides great link with psychodrama idea - roles are created, so as well they may be killed. We call it 'distanced', so it stays in your repertoire whenever you need it. But you may not be closely attached to it. It becomes extremely valuable in cases of uncomfortable or even hard roles that people tend to ascribe to you, or that you carried for a time with great success until recently. Many-faced God kills that face. Do you do it with your role? Please join the workshop and explore together how we may enrich the life of clients as well as our personal life by better understanding and managing the roles - many faces we carry.

Magic of the intersubjective space in Balint Psychodrama Groups

Ilona Görög & Enikő Albert-Lörincz
Saturday, 14.00-17.30

The aim of the workshop is to present the Balint Psychodrama born from the skilful combination of two other methods, in order to highlight both its peculiarities and the benefits of its application in socio-human fields. Specialists from several fields are invited to our workshop: education, clinic, social assistance, special pedagogy.... This method has a wide applicability in working with groups, helps to understand what is happening in the intersubjective space, helps to decipher the latent contents of interpersonal relationships. After a theoretical introduction, the participants will be invited to attend a demonstrative group and to discussions on their own experiences with the groups they lead.

The aim is:

- to understand the relationship system in which we live and work (in special, to understand relationships with group members, group as a separate identity, as well as their own personality)
- to analyze our burdensome cases, in which we can better see our way of working with patients in our professional relationships - so we can develop professionally and personally.

Methods used in demonstration:

- role play: professional role and personal role - focus on transfer-contratransfer
- free associations and/or fantasies: see through other eyes, multiple mirrors, relationship sculptures, etc.
- work with the body
- raising awareness: knowledge or perception of a situation, a fact, or of emotions - new perspectives.

Psychodrama and traumasexuality

Sylvia Pellis
Saturday, 14.00-17.30

The subject is emotionally charged and understandably so. It is about trauma and it is about sex. Sexual abuse victims are frequently faced with healthcare professionals who do not want, dare or are allowed to burn their fingers on this subject matter.

The workshop offers tools to healthcare professionals who feel an inability to act due to fear of these topics and towards abused clients. The tools comprise theory, vision and experience. The latter is done by placing symbols/chairs, taking positions, exploring the scope of the (huge) impact of the perpetrator/act and recognizing the consequent behaviour of the victim.

Moreover, participants will be introduced to a working method enabling them to get started with clients. A method in which clients will feel recognized, seen and heard, giving them the opportunity to start feeling their emotions, while providing a safe and secure environment. It offers a place to explore the old position towards the perpetrator and to experiment and play with their current position towards the perpetrator and so their current position to the outside world. Possibly the participants will be emotionally affected working with this subject matter, which may and should be part of this workshop. An in-depth workshop in which things may be mentioned as they are.

Where from are the wings of change?

Irena Shmak & Olga Moskalenko & Elena Belinskaya

Saturday, 14.00-17.30

Workshop will be held in Russian and translated to English.

The wings of changes do not appear from nowhere, they grow out of various life roles. Their roots are in families and family messages, traditions and rites. The life story influences the form, the length, the colour and the amplitude of our wings. How do I feel the wings in my body, do I have them? Are they opened, do they want to open, do they have any impulse to move?

We invite you to investigate from where the wings grow, how you have been growing your wings in your life, how you feel them and how you can change them or grow them now for yourself.

The language of the master class is Russian (translation into English is possible).

How much is sociodrama changing a group's perspectives?

Irina Stefanescu
Sunday, 10.30-13.30

One of the prerequisites of the change process is changing the perspective(s). The workshop is an invitation for the participants to enter an action exploration about the power of sociodrama in changing those perspectives.

The role reversals, the mirrors, especially the expansion of the system are enlarging the perspectives, and also the chunking up in the reflection phase with the third reflection level of the sociodramatic approach help the groups in seeing and understanding things and processes wider, sometimes deeper and mainly higher.

The meaning of the group. A differentiated psychodramatic view

Claudia Mühlbauer
Sunday, 10.30 – 13.30

As psychodramatists we believe in the positive effects of a group: it is considered to be helpful to reflect and to grow. In the therapeutic setting it is meant to be even healing. But we have to realize that groups can be frightening our clients or patients. And the group setting was (ab)used e.g. to humiliate children and young people in the Children's homes in the German Democratic Republic. A group can be a place to hide and/or to show ourselves.

In the workshop I would like to reflect our biographical group experiences and to transfer these to insights how to make a group helpful for our clients in a psychodramatic way.

As it is an international conference, I hope to explore together with the group how we can and have to deal with the meaning of the group taking into account intercultural differences.

Journey of the heart: finding common ground for prisoners and ex-prisoners by the use of psychodrama method, labyrinth therapy & meditations in Lithuania

Rūta Janulevičienė
Sunday, 10.30 – 13.30

The Workshop will be divided in to parts:

One part will aim to present theoretical part of my work with prisoners and ex-prisoners in Lithuania. Once a month I hold practical workshops cycle „Self-knowledge and Strengthening Through Labyrinth Therapy“ at the Siauliai Remand Prison which began in June 2018 and ended in December 2018. The seminar cycle consisted of workshops, practical exercises, psychodrama warming exercises, meditation, and most importantly labyrinth therapy. More specifically, this cycle consisted of 7 practice sessions:

1. Self-Knowledge and Strengthening through Labyrinth Therapy.
2. The Cycle of Emotions: Sadness
(depression, melancholy, despair, grief).
3. How to create positive relationships?
4. Cycle of Emotions: Anger
(frustration, rage, hatred, resentment, jealousy).
5. Labyrinths and Dreams.
6. Cycle of Emotions: Fear (tension, panic, anxiety, horror).
7. How to Love Yourself and Be Happy?

Since December 2018 till now, I am working with ex-prisoners in provision individual and motivational consultations to seek legal employment and their integration into the labor market.

In another part, I would like to invite you to explore by yourself a walk through the labyrinth, meditations and the use of warm-up psychodrama techniques, which have been offered in my work with prisoners and ex-prisoners and sharing. We will discuss the fruits of my work and your personal sensation in it. Please come prepared to be open to the new experiences.

Not only angels have wings

Bernd Fichtenhofer & Monika Šcibak
Sunday, 10.30 – 13.30

Which kind of pictures and experiences do I combine with the metaphor of “wings”?

Which resources do I have or do I need for changes?

In this workshop we want to go into the past and into the future to find our “wings for changing”.

Sociodrama: Europe and Talos – roots and futures of the modern Europe?

Manfred Jannicke & Hilde Gött
Sunday, 10.30 – 13.30

The abduction of Europe in the ancient Greek mythos led to the birth all every modern European people. She, Europe, was provided by Zeus with a guarding giant named Talos. Among the many humanoid gods and bestial monsters of Greek mythology, Talos is a very peculiar one. Said to stalk the shores of Crete, he pelted suspicious ships with rocks and immolated enemy soldiers with its smoldering embrace. This is a very actual picture. In the form of a big sociodrama group we will have a short look on several incidents and technological developments which occur actually in the EU.

How can we take this as psychodramatists? What are our impulses? What are our needs? What do we want to happen? Is there anything to be done? And what about our great European predecessor, Moreno, who spoke about himself as a refugee child, born on a ship offshore?

Let's find out, what continuation the Greek legend tells us and what we can make out of this!

Change through escape

Liliana Szczyglowski & Melek Kühn
Sunday, 10.30 – 13.30

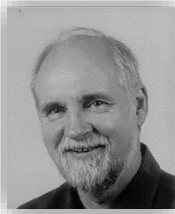
Our society is in constant change. Migration, flight, expulsion as well as profitability and also labor migration have been changing our past as well as our future into which we are moving. To spread the wings and to learn to fly, to find your way around a new society is in constant flux.

Together, we want to explore the topic of "Transformation in Europe through migration" and explore our own national as well as European identity.

Presentation of our Workshopleaders



Enikő Albert-Lörincz (Romania) has a complementary training in Group-analysis. Workshop page 15



Bernd Fichtenhofer (Germany) Certified pedagogue, psychodrama-director, trainer and supervisor of psychodrama in Germany, Poland and other countries, supervisor (DGSv) and Coach, leader of the Psychodrama-Centre, Berlin, I'm working free-lance, Berlin/Germany Workshop page 21



Dr. Clark Baim (United Kingdom) is a Senior Trainer in Psychodrama Psychotherapy (UKCP, BPA) and Director of the Birmingham Institute for Psychodrama in the UK. He is also the Co-Director of Change Point Learning and Development, providing training for many different organisations internationally. He is currently the Honorary President of the British Psychodrama Association and is a recipient of the BPA's Lifetime Achievement Award (2018). Workshop page 6



Claudia Mühlbauer (Germany) Psychodramatherapist and -trainer, supervisor, psychologist; living and working in Berlin and Brandenburg Workshop page 19

Dania Appel (Italy) born in Switzerland as a daughter of a survivor of the Shoah. Her father, together with his little sister, managed to escape from Berlin to England with the last «Kindertransport». Graduated in Educational Sciences, C.A.G.S. in Intermodal Arts Therapy, certified trainer in Transgenerational Therapy. Workshop page 10



Elena Belinskaya (Belarus) Psychologist, psychodramatist, member of the PAFÉ. Since 2017 she has been conducting private practice, conducting training seminars, trainings, psychodrama therapy groups. Author of several books and articles on the organization of psychological work with preschoolers, their parents and teachers. Workshop page 17

Elinor Zalmona-Bollag (Germany) born in Israel as a granddaughter of immigrants from Poland. The parents, sisters and brothers of her grandmother were killed by the Nazis in the forest near Konin, Poland, together with the majority of the town's Jewish community. Graduated from the departments of anthropology and theater studies at the Hebrew University, Jerusalem, certified as qualified expressive therapist specialized in psychodrama. Workshop page 10



Evaldas Karmaza (Lithuania) Psychodramatist (CP), educational psychologist, member of PAFÉ and IAGP. Working currently on private practice, leading numerous seminars and from time to time - regular psychodrama training groups or seminars. Workshop page 14



Hilde Gött (Germany) born in Romania as a granddaughter of SS members whose wives were deported to Siberia. Trainer, Director, MSc Psychodramapsychotherapy. Hilde is Certified Trainer and Supervisor (DGSv) of Psychodrama for the “Psychodrama Association for Europe”(PAfE) and has been teaching more than 20 years in Germany and Europe. She is a Children and Adolescent Therapist, focusing on trauma, domestic violence and suicidal cases.

Workshop page 10, 22



Igor Hanuszkiewicz (Poland) born in 1973 is a psychodrama trainer and therapist, clinical psychologist, psychotherapist. He has 20 years of experience in work in private practice and the day treatment center for psychotic patients in Cracow Jagiellonian University Hospital. Last year he started with his fellow psychodramatist an expirerant in leading supervision group using psychodrama techniques and ideas.

Workshop page 11



Ilona Görög (Romania) is accredited Balint-leader of Romanian Balint Association, and has performed during the past years several demonstrations in Romania and in Hungary.

Workshop page 15



Ina Hogenboom (Netherlands) is working as a psychologist and psychodramatist (TEP) in her private practice in Leiden in the Netherlands. She provides training and supervision in Psychodrama.

Workshop page 9



Inara Erdmanis is a TEP and Clinical Psychologist.

Workshop page 7



Irena Shmak (Belarus) She constantly runs psychodrama groups in Minsk (Belarus), Co-trainer with Lena Belinskaya and Olga Moskalenko and she keeps learning and growing. For 6 years she is director of the Help Centre for women and children, That is the only one in Minsk and the biggest in Belarus. She hopes that many women who have lost hope, thanks to Psychodrama, have grown wings of hope and change.

Workshop page 17



Irina Stefanescu (Romania) Passionate and experienced Learning & Development Partner for organizations and their people. Chemistry graduate, she got accredited as trainer (1997), recruiter and headhunter (1997), coach (2005), psychodramatist (2009) and sociodramatist (2012). Licensed to use LIFO® (1999), Thomas International Management System™ (2000) and Human Synergistics® (2005). Has founded FLUX Training and Consultancy (2004).

Workshop page 18



Krzysztof Mariusz Ciepliński (Poland) PhD, is a psychologist, integrative psychotherapist, psychodrama therapist and trainer. He works as an Assistant Professor at the Psychotherapy and Health Psychology Department at The John Paul II Catholic University of Lublin (Poland). He provides group, couple and individual psychotherapy. His research interests include psychodrama/experiential learning outcome and change process studies, integration of psychotherapy and positive psychology
Workshop page 13

Liliana Szczygłowski (Germany) Born in Poland, living in Hannover. B.A. in social pedagogy. Currently working in a children, youth and refugee welfare facility for kids aged 5 to 15 with various emotional disorders. Certified transcultural prevention mediator for HIV and addiction treatment. Studying psychology, practitioner of psychodrama and in training as a Psychodrama instructor.
Workshop page 23



Manfred Jannicke (Germany) born 1965 in Berlin into a family consisting of NSDAP/Wehrmacht members to the one and socialist/communist party members to the other side. Manfred graduated as a male nurse, social pedagogue, certified Leader of Psychodrama (PAfE/DFP) and supervisor and serves as head of a diaconal organisation for protection and welfare of children, adolescents and their families. He is father of two children, living in Berlin.
Workshop page 10, 22

Melek Kühn (Germany) Born 1976 in Bremen as a child of migrant workers from Turkey. Melek graduates as a paralegal and notary employed, B.A. in social pedagogy. Currently working as social pedagogue in public office. She is also casemanager and practitioner of psychodrama and in training as a psychodrama instructor. Melek is married, mother of a daughter and living near Hannover/Germany.
Workshop page 23



Prof. Melinda A. Meyer Demott (Norway), PhD and Psychodrama Director is the Director and Co-founder of the Norwegian Institute for Expressive Arts Therapy (EXA). She is Professor and Core faculty at the European Graduate School (EGS), Switzerland and senior faculty member at the University College of South East Norway. She has made three documentary films about EXA with traumatized refugees, carried out several research projects and written several articles about EXA work with trauma survivors. Her research focus has been on spontaneity training and expanding the range of play with trauma survivors.

Workshop page 12



Monika Ścibak (Poland), Psychologist, certified psychotherapist – Polish Psychiatric Company, psychotherapist and trainer of psychodrama. She works with addicted people, neuroses and personality disorder in Kraków, leader of the “Forum Psychodramy” in Kraków/Poland.
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Olga Moskalenko (Belarus) Psychologist, psychodrama - therapist, gestalt practitioner. She is a member of the European Psychodrama Association (PAFE). The experience of teaching and coaching in psychology over 17 years. The head of the educational center for children "Country of Knowledge", a project for adolescents on the development of soft-skills - "Big Dream", leading the educational program for teachers – psychologists "Introduction to psychodrama".

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Roman Ludkiewicz (Poland) born 1963 in Gdansk. He lives in Gdansk and is a psychiatrist, psychotherapist and supervisor, therapist and psychodrama trainer. 30 years he worked with people with mental disorders and I participate in social activities against the stigmatization of people with mental illness. His wife name's is Beata and he has a 17 years old son - Ignacy. Roman likes "dolce far niente".

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Rūta Janulevičienė (Lithuania) is a internationally recognized Reiki Mercar Master Teacher. She was a Project Coordinator and Volunteer of the EU Grundtvig project „Psychodrama and Creative Education in Prison“ at the Panevėžys Regional Probation Service from 2013 till 2015. Since 2012 she is a member of the Labyrinth Society. Since 2017 she is the Regional Representative in Europe for Lithuania of the International Labyrinth Society organization.

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Shirley Legum (Israel) is a classically trained actress and dancer and a certified group therapist. For the last ten years, she has been a member of Play-Life (Aviva Apple's company) in Tel Aviv, Israel, averaging two hundred performances per year. She is a Playback Theatre teacher, acting coach and leader, belonging to the Playback Theatre Israeli Association and its Leadership Forum. During 2013, she founded Chapter B Playback Theatre based in Tel-Aviv. Currently, she continues her education studying Psychotherapy at the Alfred Adler Institute, Israel.

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Sylvia Pellis, (Netherlands) qualified Psychodrama Therapist and Drama Therapist. Experienced in forensic psychiatry in The Netherlands and Germany (addiction-forensic). Formerly she worked within a psychotherapeutic centre and the last few years she has been working for a mental health institution (GGZ) with people suffering from addictions and/or having personality disorders. She has always liked and worked a lot with groups. Initially groups of men (forensic) and later on mixed groups (psychotherapeutic). Apart from that she works with individual clients.

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Upcoming Events

2019

10th – 13th October 2019 - Ystävyiden Majatalo, Finland

Helsinki Psychodrama Institute: „Huge ecological change. How do we survive?”

<http://www.ihmis.fi>

28th November – 1st December 2019 – Budapest, Hungary

20th Anniversary International Congress: “Fabric of Life”

<https://www.kongresszus.pszichodrama.hu/english>

2020

13th– 14th March – Lisbon, Portugal

Asociación de Sicodrama y Sicoterapia de Grupo (ASSG): 25th encounter of the association. Rojas-Bermúdez School: 60 Years of Psychodrama

<http://congreso.assg.org/en/>

22nd – 24th May – Ohrid, North Macedonia

15th FEPTO Conference

<http://www.fepto.com>

22nd – 24th May – Ohrid, North Macedonia

15th FEPTO Annual Meeting

<http://www.fepto.com>

24th – 28th June – Peniche, Portugal

Various psychodramatists/sociodramatists with Sociedade Portuguesa de Psicodrama. 7th International Sociodrama Conference: “Co-creating Social Responsibility”

<https://7thsociodramaconference.weebly.com/>

Notes

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Johanna Olberding

IMPRESSUM

Psychodrama Association for Europe e.V.
c/o Hofmann & Maevers
Taubenstraße 1
D-10117 Berlin

www.psychodrama-for-europe.eu