

Newsletter



to all members of the
Psychodrama Association for Europe e.V. – June 2019

Dear Colleagues!

It is time for a short review of our previous activities and, even more important, for a preview of all the interesting lectures and encounters that we still have before us!

Cracow is waiting!

So don't hesitate any longer: sign up for our own conference. You will not regret it. Should there be any difficulties that prevent you from participating, please let us know!

We hope to welcome you all and look forward to seeing you.

Warm regards from all of us on the Board!

Jacomien Ilbrink
Gerda Mävers
Ariadna Romejko
Fred Dorn
Anna Bielańska
Ilona Görög
Johanna Olberding

“Wings of Change” Conference in Cracow, Poland

Pre-Conference Events September 18-20, 2019

First of all, we would like to draw your attention to our open space meeting Wednesday, the 18th of September. We will open our pre-conference with an open space, led by Jacomien Ilbrink. The concept of Open Space originates from the observation that important talks and creative break-throughs seem to be happening around the coffee machine, when there is a coffee break during a meeting. It is based on the assumption that everybody who needs to be there is there to make a difference.

So, what we are going to do is create coffee spaces, where you can bring and discuss a topic close to your heart. You will find out if there are other people who want to engage in this topic and enjoy their contribution. Should you also want to contribute to other topics, you can leave your spot and visit other “hotspots”. After having gone through this process, we will have a meeting about how to continue with what came up in the session. In this way, we will co-create the association, which means that there will also be a common responsibility to fulfill our dreams and wishes. Let's experience that the association is alive and kicking!

At night there will be an open board meeting in which you can participate. Remember that the Association is not the Board, but the Members! We need your participation and commitment!

Thursday, 19th of September there will be the committee meetings of the training committee and supervision committee. After that there will be the General Assembly in which also the International Committee will be elected. The first meeting of this International Committee will take place on Friday, the 20th, preceding the Conference. See § 11 in our statutes as displayed underneath §11 Integration of Country Interests.

§11 Integration of Country Interests

1. The specific interests of individual countries will be represented by the international committee to which any country associated by memberships of a personal or institutional nature can send up to two members.
2. The international committee shall be responsible for mediating the specific interests of the countries to the board.
3. The board and the international committee meet bi-annually during the general meeting to make decisions concerning professional activities, middle and long-term strategic planning and project specifications.
4. Decisions are agreed on by the board and the international committee together when a three-quarter majority of votes cast is in favour. Whereby each country and each member of the board has one vote.
5. The international committee shall adopt its own rules of procedure which it will submit for approval by the general meeting.

“Wings of Change” Conference September 20-22, 2019

We would like to remind you that the **Summer Bird Fee** for our Conference ends in June, so if you are willing to come and enjoy psychodrama with us, hurry up and [register quickly!](#)

We are happy to announce that there will be a very interesting lecture on the topic of “Integrating psychodrama with attachment theory” as well as many workshops on a variety of topics from our international community. To mention some: “Psychodrama and trauma-sexuality”, “How much is psychodrama changing a group’s perspectives?”, “Working with two protagonists”, “God with many faces”, “In the dance with Mnemosyne and Leto”, “Flying on your own”, “Body and Soul - the power of transformation”, “Use your wings!”, “The Balint psychodrama”, “The meaning of the group. A differentiated psychodrama view”; “Research on psychodrama - present and future”; “Where from do the wings of change”, “Journey of the heart: finding common ground for prisoners and ex-prisoners”, “Empowerment and resilience. Exit: spontaneity training with traumatised communities” and more ... You can find these topics at our special [conference website](#).

As we are also **celebrating the 30th anniversary** of PlfE/PAfE we are inviting you to two special presentations dedicated to this memorable achievement. Furthermore, there will be a ceremony in which **Trainers’ Certificates** will be handed over.

Trainers Platform

We also want to ask all our trainers, therapists and special workshop leaders to have a look at our homepage and fill out the [Self-presentation form for Trainers](#). This form is provided to obtain information about all our experts and publish this on the internet. It is an excellent occasion to present yourself to one another and the public.



FEPTO Annual Meeting

by Ariadna Romejko

Recently a few Board members: Jacomien Ilbrink, Anna Bielańska, Fred Dorn and Ariadna Romejko have taken part in FEPTO 27th ANNUAL MEETING in Estonia. The meeting was organised by both our Estonian and Finnish colleagues and took place 19th – 23rd May 2019 in the very beautiful city of Tallinn. This time the focus was on the theme: “From Creativity to Functionality: Prosperous Members in a Flourishing Organization”.

There were many psychodramatists from a variety of countries: Greece, Estonia, Portugal, Great Britain, Lithuania, Latvia, Russia, Belgium, Germany, Italy, Norway, Poland, Macedonia, Holland and more. An excellent opportunity to meet and exchange our experiences as psychodramatists from different cultural backgrounds!

The participants were invited to form eight thematic workgroups according to their interest and later continued working in those groups. Subjects addressed: change of FEPTO constitution, theory and interconnections with other approaches, psychodrama with children, sociodrama, scientific research, training issues, ethics, working with sex and sexuality in psychodrama. In the end, their working results were presented during final large group led by Jacomien. It was interesting to note that the training workgroup didn't have enough participants this year and the somewhat more self experimental group »sex and sexuality« generated a lot of interest. Furthermore, it became clear that there is a wish to extend psychodrama training by implementing more hours dedicated to specific topics such as psychodrama with children or sex related issues. This is something we can think about for our Association!

During the final session there also was a presentation of the findings of the psychodrama research group with an invitation to collaborate, since research in psychodrama effectiveness is very needed to improve the legal status of the method in different countries. Next psychodrama research meeting will be in Vienna from 10th-13th of October 2019. See also <http://www.fepto.com> Jacomien would very much have liked to participate, but has another commitment at that date.



We were also informed about a new e-platform enlarging the access to psychodrama literature and offering the possibility of publishing new texts and articles. It will soon be available at www.psychodrama_world.com

During a very nice trip from Tallinn to Helsinki a new project on psychodrama and climate change was presented by Annick Milet. Persons interested in this topic may contact our Association and we will forward your message to her.

One of the most exciting moments for many was the election of the new FEPTO Council, that this time was reduced to only eight members. Nikos Takis has been elected again as the President; Chantal Nève Hanquet as vice-president and treasurer; Judith Teszáry - secretary and the Ethics & International Affairs Committee Chair; Georgios Chaniotis - as the Training Committee Chair; Mirjana (Mimi) Stojanovska - the Membership Committee Chair and the Annual Meeting Committee Chair; Johannes Krall - the Research Committee Chair; Krzysztof Ciepliński - Development and Network Chair; Katerina Ilieva - Communication Chair and Newsletter editor.

There was a discussion about whether the Chair of the Committee of Ethics should be part of the Council or should be a separate committee. This is further to be discussed.

The next 28th FEPTO Annual Meeting will take place in the North Macedonia at the spectacular Ohrid lake, from 24th-28th of May 2020. The 15th pre-conference will be held from 22nd-24th of May 2020. Themes are not yet decided.

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