

Supervision Committee



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Psychodrama Association for Europe e.V.

Requirements and procedure for becoming a Supervisor of the Psychodrama Association for Europe.

Supervision Committee
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Members of the Working Group are: Éva Varró (Romania), Bernd Fichtenhofer (Germany)

There are three levels of supervisors in the Association. Those are:

1. Full Supervisor
2. Nominated supervisor
3. Delegated supervisor

Neither the Chairman nor other board members can recommend a candidate to become a supervisor.

Requirements and procedure for the appointment as a Full Supervisor.

To become a *Full Supervisor* you need to:

1. Send in the application
2. Have trained two 1st level groups and one 2nd level group.
3. Get supervision on the leading of your 1st level group. Amount of hours - according to the supervisor.
4. Get supervision on the leading of your first 2nd level group. Amount of hours - according to the supervisor.
5. Send in the confirmation letter to the Working Group of the Supervision Committee from your supervisor.

6. Send in a recommendation to the Working Group of the Supervision Committee from the board of the institute you've led the 1st and 2nd level groups
7. Have done an open presentation during the Supervision Committee about your work as psychodrama supervisor with trainees or how you imagine doing it.
8. The attendant members of the Supervision Committee decide afterword the presentation about the appointment as ***Full Supervisor***.

Requirements and procedure for the appointment as a Nominated Supervisor

The status of ***Nominated Supervisor*** can be needed in countries or institutes with non or a small number of Full or Nominated Supervisors, and where there are trainees who need supervision during their psychodrama training.

To become a *Nominated Supervisor* you need to:

1. Send in the application
2. Have trained two 1st level groups and one 2nd level group.
3. Get supervision on the leading of your 1st level group. Amount of hours - according to the supervisor.
4. Get supervision on the leading of your first 2nd level group. Amount of hours - according to the supervisor.
5. Send in the confirmation letter to the Working Group of the Supervision Committee from your supervisor.
6. Have had your supervision supervised by a Full Supervisor - minimum 20 hours.
7. The period of the status as Nominated Supervisor is limited to 3 years. During this time the presentation has to be done to become a Full Supervisor.
8. The Working Group of the Supervision Committee decides about the appointment as ***Nominated Supervisor***.

Requirements and procedure for the appointment as a Delegated Supervisor.

The status as ***Delegated Supervisor*** can be needed in countries or institutes with non or a small number of Full or Nominated Supervisors, and where there are trainees who need supervision during their psychodrama training.

To become a Delegated Supervisor you need to:

1. Send in the application.
2. Have finished your own training including the certificate and got license as the trainer.
Trained at least one 1st level group as a main trainer.
3. Send in two recommendation letters to the Working Group of the Supervision Committee. One from a Full supervisor and one can be from a member.
4. Get supervision on the leading of your 1st level group. Amount of hours - according to the supervisor.
5. Send in the confirmation letter to the Working Group of the Supervision Committee from your supervisor.
6. The Working Group of the Supervision Committee decides about the appointment as ***Delegated Supervisor***.

As a ***Delegated Supervisor*** you can do individual supervision (no group supervision). The permission applies exceptionally only for participants of a special group or for a special period of time.

As ***Delegated Supervisor*** you must receive constant supervision from a Full Supervisor. If there are several Delegated Supervisors, it makes sense to do the supervision in a group, because of learning from each other. The Supervisor and the group have regular appointments. The attendance is obliged for every ***delegated supervisor***.

I. Personal prerequisites

II. Professional prerequisites

III. Institutional conditions

I. Personal prerequisites

- Personal system of values.
- Inner clarity about dependencies (personal, ideological and financial nature)
- Confrontational abilities, i.e. ability and readiness to take responsibility in/during confrontations.
- "Nothing human should be strange to him/her" - but with good humor and self-parody.
- Resilience.
- Adequate sense of proximity and distance in the supervision process.
- Adequate working with Tele- and assignment processes.

II. Professional prerequisites

- Ten years professional experience, general competence in the field.
- Proof of further professional and post-graduate education after the Psychodrama degree studies.
- Proof of theoretical knowledge in the context of a public lecture or publication
- Practical demonstration of psychodramatic supervision in the Institutional sphere

III. Institutional conditions

- Full membership of the Psychodrama Association for Europe e.V.
- Loyalty to the Association, i.e. Supervisors from other institutes do not automatically qualify for appointment as Supervisors by Supervision Committee
- Proof of leadership from completed Psychodrama training groups; as a rule, two lower level and one higher level group, the last subject to the supervision duty.
- Honorary work on the committees of the Psychodrama Association for Europe e.V.

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